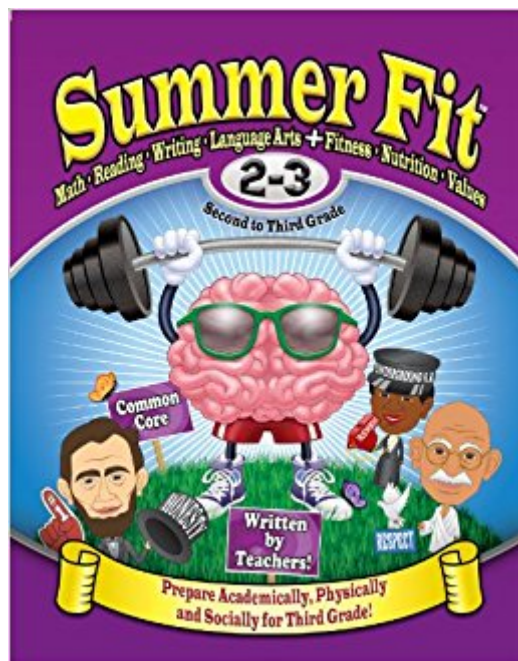




The book was found

# Summer Fit Second To Third Grade: Math, Reading, Writing, Language Arts + Fitness, Nutrition And Values



## Synopsis

Summer Fit Activity Books move summer learning beyond academics to also prepare children physically and socially for the grade ahead. Academic exercises are based on Common Core standards and include skills in math, reading, writing, language arts and science. Fitness exercises are designed to jump start the recommended 60 minutes of active play a day that children need to grow up healthy. Role models from throughout the world including Abraham Lincoln, Gandhi and Harriet Tubman help reinforce core values such as honesty, respect and trustworthiness. Summer Fit extends the summer learning experience online with free reading and math digital downloads, book reports, health and wellness activities and fitness videos. \* Based on Common Core: math, reading, writing, language arts and science \* Exercises jump start the recommended 60 minutes of daily movement and play \* Role models reinforce core values, good character and social skills \* Integrated academics and physical activities reinforce the importance of the body-brain connection \* Free digital downloads

## Book Information

Series: Summer Fit (Book 9)

Paperback: 176 pages

Publisher: Summer Fit Learning; 1 edition (April 1, 2011)

Language: English

ISBN-10: 0976280051

ISBN-13: 978-0976280057

Product Dimensions: 8.3 x 0.5 x 10.8 inches

Shipping Weight: 13.6 ounces

Average Customer Review: 4.6 out of 5 stars 56 customer reviews

Best Sellers Rank: #572,305 in Books (See Top 100 in Books) #76 in [Books > Children's Books > Growing Up & Facts of Life > Health > Fitness](#) #123 in [Books > Health, Fitness & Dieting > Exercise & Fitness > For Children](#) #507 in [Books > Education & Teaching > Schools & Teaching > Parent Participation](#)

Age Range: 7 - 8 years

Grade Level: 2 - 3

## Customer Reviews

This was my first year teaching and I was shocked to see how many students in my classroom are not physically active on a daily basis. Summer Fit provides parents with an easy to use program that

keeps them reading and engaged during the summer, while equally important, active and playing! --  
Kelly Toblon, Teacher, Walnut Creek, CA

Active Planet Kids (APK) is an Active Lifestyle and Educational company that focuses on both cognitive and non-cognitive development to create a whole child learning experiences. APK products and resources help parents and children build healthy lifestyles, leadership and social responsibility as part of their overall academic success. Kelly Terrill is an educator and mother of seven who knows what it takes to challenge her children to strive for their unique, personal best. Balancing her life as an educator and mother Terrill is well organized, disciplined and committed to making a positive impact on her students/children. Kelly received her degree in education from the University of Utah and went on to work in Special Education and after-school programs before settling into her role as active parent and educator.

I purchased this workbook for my daughter who is eight years old. While she is completing third grade now, the third to fourth workbook had materials she had not learned in her school yet, so I opted for the second to third grade workbook instead. The workbook is structured into ten weeks of five days per week lessons, for a total of 50 lessons. Each day, children are asked to complete mind, body, and reading activities and color in a star when they have completed their 20 minutes (total) of work for the day. At the outset of the program, there is a skills assessment test for the child to take, which is about four pages total of reading and math problems. There is an answer key provided at the back of the book. However, no instructions or guidance are provided if a child struggles in a particular area. I really enjoyed the fact that physical activities are part of each day's work. This is a great way to incorporate physical fitness five days a week during the summer break. There is also a mix of cardiovascular and strength training. For example, some of the cardiovascular activities are: playing tag, tree sprints, and jumping jacks. Strength exercises include leg scissors, ankle touches, and push-ups. The Biggest Loser contestants are featured in the book and on the book's website. I also really liked the values lessons each week. The values included in this book are: honesty, compassion, trustworthiness, self-discipline, kindness, courage, respect, responsibility, perseverance, and friendship. Each value is exemplified with a role model, such as Terry Fox, Mother Theresa and Abraham Lincoln. At the close of each week's values lesson, there is a suggested reading list of three, grade-specific books for further reading. There is a three page Summer Journal at the back of the book, where the child has lines to write about: family vacation, favorite outdoor summer activity, and their best friend. There are many references in the books to

the company's website: [summerfitlearning.com](http://summerfitlearning.com) for videos, games and additional materials. However, when I accessed the page at the end of May, there was only a countdown to summer clock and preview pages of the workbooks. I am hoping this will change to deliver the promised content. The book has a Summer Reading List, which I was not happy with. Having bought the Grade One to Two Workbook for my youngest child, I immediately noticed that the Summer Reading List was exactly the same in both books. The titles range from "The Cat in the Hat" to "Freckle Juice" and "Clifford, the Big Red Dog." I can assure you that asking my third grader to read "The Cat in the Hat" was insulting! The reading list should have been grade-specific and not generic across the workbook series. The workbook asks the children to read the books on the list, complete a book report (which is at the back of the book) for each book they read. The problem is that there is only one book report form and 24 books on the list. You will need to copy or scan and print the book report page. All books on the list should be readily available at your local library's children's section, so you do not have to purchase additional materials. There are other things that are exactly the same across the workbook sets: the values order, the exercise plans are precisely the same down to the same page number, the introductory materials, the Fitness Index (which includes vocabulary words which should have been modified for age levels), and the values introduction at the opening of each new week is word-for-word identical. The authors clearly re-used content between workbooks. However, this could be a real advantage if you have several children working on this series for the summer, as it will be easier to keep their activities organized down to the same page number. The book refers to many websites that parents will need to visit before letting their children visit: [www.values.com](http://www.values.com), [www.myplate.gov](http://www.myplate.gov), [www.cdc.gov](http://www.cdc.gov), [www.championsforchange.net](http://www.championsforchange.net), [www.stopbullying.gov](http://www.stopbullying.gov), and more. While there are things I did not like about this workbook, on the whole, I am very satisfied with it and look forward to using it, especially the fitness component, with my girls this summer.

I bought this for my daughter to have something educational to work on during summer vacation. I liked that there were portions of 2nd and 3rd grade in the workbook. It made it easy for her to keep up to date on her 2nd grade skills and learn some new skills before school started. I also like that it is laid out in a weekly plan. The book was fun and educational and it was nice that I didn't have to fight to get her to do her "summer homework"

As a parent, I really love the content of this activity book. I bought it because I was intrigued by the topic of values that is incorporated with each section of the book and also because the other

summer activity books for rising 3rd graders seemed too remedial for my daughter. Unfortunately, my daughter was not as enthusiastic about the book - she did not find the book fun because there haven't been any coloring or game-like activities yet (we haven't made it all the way through but at this point I doubt that we are going to finish the book). I also bought the pre-k bridging to kindergarten activity book from this series for my son and he loves his book (the younger version does include some coloring activities). If the author included a few coloring or game-like activities in each section, I think this activity book would be perfect. Unfortunately, without the fun content this was sort of a waste of money for our family.

I really like this workbook a lot. Most books have only reading and math, but this one also included Science and Social Studies as well as fitness exercises. They enjoyed doing them after the pages I assigned them were done because we all did it as a family. There is a lot of learning that is forgotten over the summer and I think this will help my kids get back to school so they won't struggle later on.

Overall, this book is okay. It does cover different subjects like language arts, math, social studies, science and values. However, I was a bit disturbed by some of the grammatical and mathematical errors. For example, some of the money problems placed a decimal point and a cent sign. This is incorrect. It should be a dollar sign if you are using the decimal point or just the cent sign without the decimal point. Also, there was a small section on degrees Celsius. The question following the problem was, "What temperature might it be on a really hot summer day?" The answer key in the back says 100 degrees. Now that's fine if we're talking about degrees Fahrenheit, but not degrees Celsius! We'd all be burnt to a crisp. This book boasts that it's written by teachers. I'm glad these weren't my teachers! I will not be buying these books again.

Looks like a good educational book to keep kids brain fresh in the summer. Now.. if only I could get my daughter to do it!  $\tilde{A}f\hat{A} \tilde{A} \hat{A}_\tilde{A} \ddot{E}\text{œ}\tilde{A} \hat{a}$

perfect for keeping kids learning! colorful, fun, modern, not boring!

This is my third year using Summer Fit. It's easy to do two pages each day, it covers many topics and the themes are great! There were days we didn't get a chance to do the physical education part of it but they always kept up with their book work. There was the perfect amount of work and I loved that they had a suggested reading list in the back. We will continue to use this each summer!

[Download to continue reading...](#)

Summer Fit Second to Third Grade: Math, Reading, Writing, Language Arts + Fitness, Nutrition and Values Summer Fit Third to Fourth Grade: Math, Reading, Writing, Language Arts + Fitness, Nutrition and Values Summer Fit First to Second Grade: Math, Reading, Writing, Language Arts + Fitness, Nutrition and Values Summer Fit Fifth to Sixth Grade: Math, Reading, Writing, Language Arts + Fitness, Nutrition and Values Summer Fit Fourth to Fifth Grade: Math, Reading, Writing, Language Arts + Fitness, Nutrition and Values Summer Fit Kindergarten to First Grade: Math, Reading, Writing, Language Arts + Fitness, Nutrition and Values Summer Fit Seventh to Eighth Grade: Math, Reading, Writing, Language Arts + Fitness, Nutrition and Values Fitness: Fitness Nutrition and Fitness Motivation: Ultimate Guides to: Health, Nutrition and Muscle Building - Box Set (Fitness For Beginners, Health Fitness ... Workout Plan, Fitness Goals, Nutrit) Fitness Nutrition: The Ultimate Fitness Guide: Health, Fitness, Nutrition and Muscle Building - Lose Weight and Build Lean Muscle (Carbs, Protein, Muscle ... Workout Nutrition, Nutrition For Athletes) Lab Values: 82 Must Know Lab Values for Nurses: Easily Pass the NCLEX with Practice Questions & Rationales Included for NCLEX Lab Values Test Success (Lab Values for Nurses, NCLEX Lab Values) Summer Fit, Seventh - Eighth Grade (Summer Fit Activities) Fitness Nutrition: The Ultimate Fitness Guide: Health, Fitness, Nutrition and Muscle Building - Lose Weight and Build Lean Muscle Kickboxing Fitness: A Guide For Fitness Professionals From The American Council On Exercise (Guides for Fitness Professionals) (Ace's Group Fitness Specialty) Argo Brothers Math Workbook, Grade 7: Common Core Math Free Response, Daily Math Practice Grade 7 Argo Brothers Math Workbook, Grade 7: Common Core Math Multiple Choice, Daily Math Practice Grade 7 Argo Brothers Math Workbook, Grade 6: Common Core Math Free Response, Daily Math Practice Grade 6 (2017 Edition) Summer Fit, Third - Fourth Grade Coaching Elementary Soccer: The easy, fun way to coach soccer for 6-year-olds, 7-year-olds, 8-year-olds, 9-year-olds, and 10-year-olds (kindergarten, first-grade, second-grade, and third-grade) "Fitness for Middle Aged People: 40 Powerful Exercises to Make People over 40 Years Old Healthy and Fit!" (Diets and fitness for people over 40 years old) Third Eye: Third Eye Activation Mastery, Easy And Simple Guide To Activating Your Third Eye Within 24 Hours (Third Eye Awakening, Pineal Gland Activation, Opening the Third Eye)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

